



NORTHEND UNITED YOUTH FOOTBALL CLUB BALLYMENA Established 2003

Northend United Youth Football Club First Aid Policy

NEUFC – FA01

Policy Statement

The aim of this policy is to ensure that all members of Northend United Youth FC Club (hereinafter known as the Club) have the right to first aid support at all Club activities.

The Club recognizes and accepts that playing football involves a risk of injury. Although footballers take part at their own risk, the Club takes health and safety seriously and will provide first aid cover at all its activities, subject to the limitations of a sports club with limited resources and run by volunteers can reasonable provide.

This policy is fully supported by the Club Officers who are responsible for the implementation of this policy.

Principles of Policy

The Club will appoint a First Aid Administrator whose responsibilities are outlined within this policy document.

The Club will sponsor each team coach to progress through IFA Level 1 Coaching Qualification which contains a key element of First Aid training.

The Club will also ensure that at least one qualified coach will be present at each club activity.

The Club will also maintain a register of all qualified coaches.

Each team (or group of teams if playing at the same location at the same time) will hold a relevant First Aid kit.

The Team coach must hold a Parental Consent Form **NEUFC- PCO1** on every registered junior member within the team.

General Requirements

All injuries are to be treated by the qualified Level 1 coach only with water or certified medical equipment as supplied in the official First Aid kit. A plaster may be applied if there is an open or bleeding wound. The coach must ensure that the player's Parental Consent Form allows this.

A coach must make himself familiar with his players specific health issues as specified on the Parental Consent Form **NEUFC- PCO1**.

In the case of a head bump, an Incident Reporting Form **NEUFC –ARO1** must be completed and a copy passed onto the First Aid Administrator and the individual's parent/guardian within 24 hour period.

All injuries which cannot be treated by the coach and in which an ambulance has been sent for, must be recorded on an Incident Reporting Form **NEUFC –ARO1** and circulated to First Aid Administrator within a 24 hour period. A member of the Club or the individual's parent/guardian, if present, must accompany him in the ambulance to the hospital. If the parent/guardian is not present at the time, then he/she must be informed immediately, using contact number as specified on the Parental Consent Form **NEUFC- PCO1**.

The coach may keep hold of a player's inhaler but it must be the player who applies this when required and not the coach.

Club First Aid Administrator Responsibilities

To ensure that the First Aid Policy **NEUFC-FAO1** of the Club is fully adhered to.

Recording the details of the Qualified Level 1 coach for each team.

Ensuring all teams have relevant First Aid kits and they are adequately stocked with certified supplies

Maintaining up to date records of the Incident Reporting Forms **NEUFC –ARO1**

Hold supplies of certified medical equipment to re-equip the First Aid kits when requested to by the team coach

Team Coach First Aid Responsibilities

To ensure that the First Aid Policy of the Club is fully adhered to.

Being the first to attend any incident that requires First Aid to a Club member at any official Club activity.

Recording any details of a major First Aid Incident on a Incident Reporting Forms
NEUFC –ARO1

Keep up to date Parental Consent Form **NEUFC- PCO1** for each individual player within the team

Regularly audit the team's First Aid kit and keep stocked with certified medical equipment as supplied by the Club First Aid Administrator

